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NEW GUIDE, WEBSITE PROVIDE HEALTH INFORMATION TO YUKONERS

WHITEHORSE – Health and Social Services Minister Peter Jenkins announced two new initiatives today that will help Yukon residents access reliable health information.

The Yukon Health Guide is a 384-page book that provides information on more than 200 common health problems. It also features well-proven home remedies, tips for managing your own health and advice on when to call a health professional. The accompanying website provides detailed information for people who are seeking additional knowledge about a particular health topic.

“We heard Yukoners tell us they want more health information in an easily accessible format,” Jenkins said. “One way to help people be as healthy as possible is to make more information available to them. Another is to assist them in managing their own care. The book and website are designed to give people immediate access to reliable, current information.”

Based on a publication produced for the British Columbia government, the Yukon has partnered with B.C. on both the book and the website. Members of the Yukon Medical Association, Yukon Registered Nurses Association, Whitehorse General Hospital and Health and Social Services staff reviewed the contents to ensure the information was Yukon-specific.

Residents will start receiving the books in their mailboxes within the next two weeks. For those who are not on a mail route, copies will be available for pick up at a number of locations. The website address is www.ykhealthguide.org

Funded under last year’s primary health care transition fund, the project costs are under \$100,000.

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